

McLaren Print System Order

Order No: 20880
Order Date: 2016-08-04
User: Lori Kaufman
Phone: 22187

Ship Location: Nutritional Services
401 s. Ballenger Hwy
flint, mi 48507

Brochures
Quantity: 1000
Paragon Dept No: 92050
Dept Name: Nutritional Services
Company Number: 60

Order Total Price: 53.25

Item Number: M-5157-1
Item Description: Calorie Controlled with Sodium Restriction Card
Revision Date: 7/2015
Print: 1 sided full color
Paper: 65# White Cover
Size: 8.5 x 11
Fold:
Finish: None
Drill:
Misc Info: 4 up; ss; final size 3x5

great
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calorie controlled diet
with a sodium restriction

Your diet, like your medication, is an important part of your treatment and may speed your recovery. Your doctor has ordered a Calorie Controlled Diet with a sodium restriction for you.

While on this diet, you will be served:

- Low fat dairy products, sauces and salad dressings
- Lean meat or meat substitutes

You will not be served:

- Processed cheese or cured meats such as bacon/ham.

Spec Info:

Foods with sugar will be limited and served to follow your diet order. It is important that you control your portion sizes, eat a variety of foods, and eat at regular times.



nutrition choices for your health

For more information on your diet, contact Food & Nutrition Services.