

McLaren Print System Order

Order No: 20883
Order Date: 2016-08-04
User: Lori Kaufman
Phone: 22187

Ship Location: Nutritional Services
401 s. Ballenger Hwy
flint, mi 48507

Brochures
Quantity: 1000
Paragon Dept No: 92050
Dept Name: Nutritional Services
Company Number: 60

Order Total Price: 53.25

Item Number: M-5157-4
Item Description: Low Cholesterol/Sodium Restricted Card
Revision Date: 7/2015
Print: 1 sided full color
Paper: 65# White Cover
Size: 8.5 x 11
Fold:
Finish: None
Drill:
Misc Info: 4 up; ss; final size 3x5



Your diet, like your medication, is an important part of your treatment and may speed your recovery. Your doctor has ordered a Low Cholesterol, Sodium Restricted diet for you.

While on this diet, you will be served:

- Lean meats or meat substitutes
- Low fat dairy products
- Fat-free salad dressings
- Low fat sauces and gravies
- Low sodium soups and broth

Spec Info: Foods high in fat such as margarine or desserts containing fat will be limited.
A salt packet will not be on your tray.



nutrition choices for your health

For more information on your diet, contact Food & Nutrition Services.