

## **McLaren Print System Order**

Order No: 20886 Order Date: 2016-08-04 User: Lori Kaufman Phone: 22187

**Ship Location: Nutritional Services** 

401 s. Ballenger Hwy

flint, mi 48507

**Brochures** Quantity: 1000

Paragon Dept No: 92050

**Dept Name: Nutritional Services** 

**Company Number: 60** 

**Order Total Price: 53.25** 

Item Number: M-5157-7

Item Description: Salt or Sodium Restricted Card

Revision Date: 7/2015 Print: 1 sided full color Paper: 65# White Cover

Size: 8.5 x 11 Fold: None Finish: **Drill: None** 

Misc Info: 4 up; ss; final size 3x5



## salt or sodium restricted diet

Your diet, like your medication, is an important part of your treatment and may speed your recovery. Your doctor has ordered a Sodium Restricted Diet for you.

## While on this diet, you will not be served:

- A salt packet on your tray. Herbs and spices will be used to season your foods in place of high sodium seasonings.
- Processed cheese or cured, salted or smoked meats such as bacon, luncheon meats, hot dogs, sausage and ham.

## Spec Yrou will be served:

Low sodium soups and broths



nutrition choices for your health

M-5157-7 (7/15)

For more information on your diet, contact Food & Nutrition Services.