

McLaren Print System Order

Order No: 20887
Order Date: 2016-08-04
User: Lori Kaufman
Phone: 22187

Ship Location: Nutritional Services
401 s. Ballenger Hwy
flint, mi 48507

Brochures
Quantity: 1000
Paragon Dept No: 92050
Dept Name: Nutritional Services
Company Number: 60

Order Total Price: 53.25

Item Number: M-5157-8
Item Description: Calorie Controlled Card
Revision Date: 7/2015
Print: 1 sided full color
Paper: 65# White Cover
Size: 8.5 x 11
Fold:
Finish: None
Drill:
Misc Info: 4 up; ss; final size 3x5

great[™] living starts here[™] calorie controlled diet

Your diet, like your medication, is an important part of your treatment and may speed your recovery. Your doctor has ordered a Calorie Controlled Diet for you.

While on this diet, you will be served:

- Low fat dairy products, sauces and salad dressings
- Lean meat or meat substitutes

Foods high in fat such as margarine, mayonnaise and bacon will be limited. Foods with sugar will be limited and served to follow your diet as ordered. It is important that you control your portion sizes, eat a variety of foods and eat at regular times.

Spec Info:



nutrition choices for your health

M-5157-8 (7/15)

For more information on your diet, contact Food & Nutrition Services.