



FLINT

(810) 342-3900

Dear Patient:

Enclosed you will find your information packet for testing at our Center.

If you did not complete a sleep questionnaire at your physician consult, we have placed one in this packet. Please complete as soon as possible and return in the envelope provided. If your sleep study is only a few days away, just complete and bring the questionnaire with you.

To minimize noise, we try to begin all sleep studies no later than 11:30. If your bedtime is usually much later, please plan on waking early the day of your sleep study appointment to accommodate the earlier bedtime. You will be spending a minimum of 8 hours at the sleep center.

It is imperative that you contact the Sleep Center as soon as possible if you wish to cancel or reschedule your study as a private sleep room and sleep technician has been reserved just for you.

We look forward to your arrival and encourage your calling with any questions or concerns you may have.

Thank You,

The McLaren Sleep Diagnostic Center