

McLaren Print System Order

Order No: 45938
 Order Date: 2019-06-03
 User: Linda Looby
 Phone: 8103425105

Ship Location: McLaren Flint- 6 south ccu
 401 S. Ballenger Hwy.
 Flint, MI 48532,

Brochures
 Quantity: 60
 Paragon Dept No: 20210
 Dept Name: CCU
 Company Number: 60

Order Total Price: 19.80

Item Number: M-35044-C
 Item Description: Understanding Cholesterol
 Revision Date: 1/2019
 Print:
 Paper:
 Size:
 Fold:
 Finish:
 Drill:
 Misc Info: ds; bleed; bi-fold 80# cover

TOTAL SERUM CHOLESTEROL LEVEL

120-199 mg/dL	Desirable
200-239 mg/dL	Borderline high
240 mg/dL or higher	High

"BAD" CHOLESTEROL (LDL)

Less than 100 mg/dL	Optimal
100-129 mg/dL	Near optimal/ above optimal
130-159 mg/dL	Borderline high
160-189 mg/dL	High
190 mg/dL or higher	Very high

TRIGLYCERIDES

25-149 mg/dL	Normal
150-199 mg/dL	Borderline high
200-499 mg/dL	High
500 mg/dL or higher	Very high

Remember, your doctor will look at your numbers and decide on an LDL cholesterol goal for you. Always ask what your cholesterol goal numbers mean, based on your complete health history.

"GOOD" CHOLESTEROL (HDL)

Optimal For Men:	40mg/dL or higher
Optimal For Women:	50 mg/dL or higher

Source: National Cholesterol Education Program (NCEP)



Spec Info:

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