

McLaren Print System Order

Order No: 49636
 Order Date: 2019-10-21
 User: Sierra Allport
 Phone: 810-342-2189

Ship Location: Nutritional services
 401 S Ballenger Hwy
 Flint, MI 48532

Brochures
 Quantity: 1000
 Paragon Dept No: 92050
 Dept Name: Nutritional Services
 Company Number: 60

Order Total Price: 223.00

Item Number: M-456
 Item Description: CHS Catering Menu
 Revision Date: 4/2019
 Print: 2 sided full color
 Paper: 32# Color Copy Text
 Size: 12 x 18
 Fold: Bi-Fold (1/2)
 Finish:
 Drill:
 Misc Info: ds; color; #32; 12x18; double bi-fold

LIQUID DIETS

CLEAR LIQUID MENU

Juices Apple Cranberry	Hot Beverages Fresh Brewed Coffee Decaffeinated Coffee Fresh Brewed Tea Decaffeinated Tea
Broths Beef Chicken Vegetable	Cold Beverages Iced Tea Ginger Ale** Diet Ginger Ale
Bottled Water	Sugar Free Lemon Sorbet Popsicles
Gelatin Regular** Sugar-Free	

FULL LIQUID MENU

Juices Apple** Cranberry** Pome Orange	Cereals Grids Cream of Wheat
Broths Beef Chicken Vegetable	Soup Cream of Tomato Cream of Chicken
Desserts Pudding Vanilla** Sugar-Free Vanilla Chocolate** Sugar-Free Chocolate	Ice Cream Vanilla Chocolate Sugar-Free Lemon Sorbet Popsicles Sherbet
Gelatin Regular** Sugar-Free	Hot Beverages Decaf Regular Fresh Brewed Coffee Decaf Regular
Bottled Water	Cold Beverages Iced Tea Ginger Ale** Diet Ginger Ale Pops** Diet Pops

BELIEVE IN THE POWER OF food

MORRISON BELIEVES IN THE POWER OF FOOD

It's power to advance a healing and healthful mission. It's power to connect, comfort, restore and regenerate. For 65+ years, we're specialized in healthcare foodservices.

It's all we do.

Armed with that specialization and expertise, our people unleash the power of food, using it to touch lives and transform the healthcare experience. It's what we do. It's who we are.

That's the Morrison difference. That's "The Power of Food."

morrison

TO PLACE YOUR ORDER:

A Catering Associate will visit you before your meals to take your order.

Our menu features daily Chef Specials as well as comforting "Always Available" items. Our skilled Chefs prepare each meal using the freshest ingredients tailored to your prescribed diet. We have additional seasonings available that you can request to suit your personal taste. If you have questions about your diet, a Registered Dietitian is available to assist you.

DIET INFORMATION

Your diet, like your medication, is an important part of your treatment and may impact your recovery. You will receive the diet ordered by your Doctor who may transition your diet through your stay.

- Regular** - There are no diet restrictions for this diet.
- Sodium Restricted (2000 mg sodium)** - You will be served foods and spices instead of salt as your seasoning. Foods such as processed cheese, ham, luncheon meats, hot dogs, sausage and bacon will be limited.
- Low Cholesterol / Low Fat** - You will be served fresh fruits and vegetables, lean meats, low fat salad dressings and low fat dairy products.
- Consistent Carbohydrate** - Carbohydrate containing foods have the greatest effect on your blood sugar. You will be served the same amount of carbohydrates on each meal. Foods that contain carbohydrates include breads, cereals, potatoes, pasta, rice, beans, milk and milk products, fruit and fruit juices, sodas and sweeteners.
- Renal** - While on this diet, your meals may limit one or more of the following: Protein - found in eggs, meat, and dairy products (milk, cheese, Sodium | found in cured meats (bacon) ham) and other highly processed foods, Phosphorus - high in some fruits and vegetables, Phosphate - found in milk, nuts, chocolate and soda.
- Gastrointestinal Soft** - While on this diet, you will not be served foods that may cause gas, such as broccoli, cauliflower, cabbage, onion and garlic. Please notify your dietitian because of any other foods that cause you discomfort.
- Clear Liquids** - You will be served clear liquids including coffee, tea, broth, and gelatin. Milk or cream with your coffee will not be served.
- Full Liquids** - In addition to clear liquids, you may enjoy milk and milk products, including pudding and yogurt.

Thank Healthy or Clear diets can include the combination of the Low Cholesterol / Low Fat and Sodium Restricted diets.

* = 15 grams of carbohydrates

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Spec Info: