

McLaren Print System Order

Order No: 50811
Order Date: 2019-12-05
User: Susan Hillger
Phone: 248-866-2048

Ship Location: McLaren PT (Susan Hillger)
G-3239 Beecher
Flint, MI 48532

Brochures
Quantity: 100
Paragon Dept No: 38110
Dept Name: McLaren Flint
Company Number: 60

Order Total Price: 45.00

Item Number: M-34624
Item Description: Pelvic Floor Rehabilitation Brochure
Revision Date: 1/2017
Print:
Paper:
Size:
Fold:
Finish:
Drill:
Misc Info: Finish size: 8.5 x 14 inches; full bleed; CLC; DS; 32# color copy text

Patient Success Stories

Evelyn, who is in her early 70's, was experiencing leakage for two years before she found out about physical therapy as a treatment option. She was able to stop taking the incontinence medication after a couple of weeks of therapy and now drinks caffeine without problems.

"Many women do not like to discuss this problem, but I never felt uncomfortable talking with her, even from the beginning. She gave me exercise techniques to do as she saw I could take them on. She never rushed me."

Tammy suffered for over a decade with vaginismus, a condition that makes routine pelvic exams and intercourse very painful or in severe cases, impossible.

"It was the nurse practitioner at my primary care doctor's office that told me about physical therapy as a treatment option. It was not even two months of going to physical therapy that I was able to have intercourse with my husband without pain for the first time in ten years."

Don't Be a Statistic

- > Urinary incontinence affects about 25 million adults; 75-80% of these are women.
- > Women wait an average of six years to seek treatment for their pelvic floor problems.
- > 2/3 of women 30-70 years old have never discussed bladder health with their doctor.
- > For men, estimates of incontinence after prostatectomy range from 25-70%.
- > The overall lifetime prevalence for chronic pelvic pain is estimated to be 9-16% for men and 24% for women.

The good news is incontinence and pelvic pain do not have to be a normal part of life and can be successfully treated with physical therapy.

Pelvic Health Therapy Locations

McLAREN THERAPY SERVICES - DAVIDSON

St. John Family Center
505 N. Dayton, Davison, MI 48423
tel: (810) 658-5631
fax: (810) 658-7732

McLAREN THERAPY SERVICES - FLINT

G-3239 Beecher Road, Flint, MI 48532
tel: (810) 342-5350
fax: (810) 342-5362

McLAREN THERAPY SERVICES - FLUSHING

2500 North Elm Road, Suite A
Flushing, MI 48433
tel: (810) 342-5550
fax: (810) 342-5589

Services

- Pelvic Pain (male and female)
- Vaginal and Rectal Pain & Dysfunction
- Pregnancy/Post-Pregnancy Related Pain
- Bowel and Bladder Dysfunction
- Lymphedema • Osteoporosis
- Aquatic Therapy

For appointments or questions:
(810) 342-5350



mclaren.org

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Pelvic Floor Rehabilitation

"I want people to know they are not alone and it's not something that they have to live with."
Tammy - Grand Blanc



Spec Info: