

**McLaren Print System Order**

Order No: 56113 Reprint Previous Order No: 47103  
 Order Date: 2020-08-17  
 User: Deborah Terrian  
 Phone: 810-342-2504

Ship Location: McLaren Flint- 7 Central Attn: Deborah Terrian  
 401 S Ballenger Hwy  
 Flint, MI 48532

**Forms**

Quantity: 100  
 Paragon Dept No: 30155  
 Dept Name: 7 Central  
 Company Number: 60

Order Total Price: 23.40

Item Number: M-17394  
 Item Description: Seclusion treatment plan  
 Revision Date: 6/2019  
 Print: 1 sided black and white  
 Paper: 2 Part (White, Yellow)  
 Size: 8.5 x 11  
 Fold:  
 Finish: None  
 Drill: None  
 Misc Info: ss; 2 part; black & white



FLINT

**BEHAVIORAL HEALTH  
 SECLUSION/RESTRAINT TREATMENT PLAN**

<p><b>Problem Definition:</b>                  A seclusion and/or restraint episode</p>		
<p><b>Discharge Goal:</b>                  The patient and others will remain free from injury</p>		
Appropriate Patient	Short Term Goals	Target Completion Date
	<ul style="list-style-type: none"> <li>Patient will be an active member in his/her treatment plan</li> <li>Patient will attend group therapy daily per unit schedule</li> <li>Patient will remain free from injury or attempts during hospitalization</li> <li>Patient will remain in control of his/her actions toward others</li> <li>Patient will seek assistance from the clinical team prior to losing control of his/her behavior</li> <li>Patient will be compliant with medication regimen</li> <li>Patient reported goal</li> </ul>	
Appropriate Patient	Long Term Goals	Target Completion Date
	<ul style="list-style-type: none"> <li>Patient will report medication regimen is effectively managing his/her behavior</li> <li>Patient will verbalize increased insight into mental health</li> <li>Patient will remain free from self-harm injury for _____ months</li> <li>Patient will remain free from harmful and toward others for _____ months</li> <li>Patient reported goal</li> </ul>	
Appropriate Patient	Interventions and Frequency	Responsible Discipline
	<ul style="list-style-type: none"> <li>Staff will monitor patient's subjective and objective signs and symptoms of escalating behavior every shift</li> <li>Staff will administer medication as order by physician</li> <li>Staff will assist with patient developing healthy coping skills</li> <li>Staff will provide emotional support during episodes of increased signs and symptoms acting out behavior</li> <li>Staff will educate patient on techniques to decrease anxiety, progressive relaxation, cognitive restructuring, assertiveness, and deep breathing</li> <li>Staff will provide activities and group therapy daily per unit schedule</li> <li>Staff will engage in therapeutic interaction by speaking calmly in respectful manner to decrease problematic behavior</li> <li>Staff will offer alternative behavior to redirect inappropriate behavior</li> </ul>	<ul style="list-style-type: none"> <li>All</li> <li>Nurse</li> <li>All</li> <li>All</li> <li>All</li> <li>All</li> <li>All</li> <li>All</li> </ul>

Write Case Start  
 Write Copy Office

SECLUSION/RESTRAINT  
 TREATMENT PLAN



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