

McLaren Print System Order

Order No: 63040
 Order Date: 2021-06-16
 User: Anna Henry
 Phone: 810-342-4025

Ship Location: McLaren Flint - Nutritional Services Attn: Anna Henry
 401 S. Ballenger Hwy
 Flint, MI 48532

Brochures
 Quantity: 5000
 Paragon Dept No: 95020
 Dept Name: Nutritional Services
 Company Number: 60

Order Total Price: 1094.00

Item Number: M-456
 Item Description: CHS Catering Menu
 Revision Date: 6/2021
 Print: 2 sided full color
 Paper: 32# Color Copy Text
 Size: 12 x 18
 Fold: None
 Finish:
 Drill:
 Misc Info: ds; color; #32; 12x18; double bi-fold

LIQUID DIETS

CLEAR LIQUID MENU

Juices Apple Cranberry	Hot Beverages Fresh Brewed Coffee Decaffeinated Coffee Fresh Brewed Tea Decaffeinated Tea
Broths Beef Chicken Vegetable	Cold Beverages Iced Tea Ginger Ale Diet Ginger Ale
Bottled Water	Sugar Free Lemon Sorbet Popicles
Gelatin Regular Sugar Free	

FULL LIQUID MENU

Juices Apple Cranberry Pome Orange	Cereals Grits Cream of Wheat
Broths Beef Chicken Vegetable	Soup Cream of Tomato Cream of Chicken
Desserts Pudding Vanilla Sugar-Free Vanilla Chocolate Sugar-Free Chocolate	Ice Cream Vanilla Chocolate Sugar-Free Lemon Sorbet Popsicles Sherbert
Gelatin Regular Sugar Free	Hot Beverages Fresh Brewed Coffee Decaf Regular Fresh Brewed Tea Decaf Regular
Bottled Water	Cold Beverages Iced Tea Ginger Ale Diet Ginger Ale Popi

MORRISON BELIEVES IN THE POWER OF FOOD

It's power to advance a healing and healthful mission. It's power to connect, comfort, restore and regenerate. For 65+ years, we're specialized in healthcare foodservice.

It's all we do.

Armed with that specialization and expertise, our people unleash the power of food, using it to touch lives and transform the healthcare experience. It's what we do. It's who we are.

That's the Morrison difference. That's "The Power of Food"

morrison

To contact the Diet Office

Please call 2285 between 6:30 am and 6:30 pm

MENU

Dear Patient,

This menu lists the items our Chef has prepared for your meals during your hospital stay. On the inside you will find a page titled "ALTERNATIVE CHOICES". If the Chef's choice does not suit your preferences or if you are allergic, you can call the diet office to place an alternative order. Please call before 6 am to place a breakfast order, before 11 am to place a lunch order, and 4 pm to place a dinner order. If you are calling from a hospital phone please call 2285. If you are calling from a personal phone please call 810-342-2985.

As always, we are committed to providing you with the best service as possible during your hospital stay.

Thank you for Choosing McLaren Flint.

DIET INFORMATION

Your diet, like your medication, is an important part of your treatment and may impact your recovery. You will receive the diet ordered by your Doctor who may transition your diet through your stay.

- Regular** - There are no diet restrictions for this diet.
- Sodium Restricted (2000 mg sodium)** - You will be served foods and spices instead of salt as your seasoning. Foods such as processed cheese, bacon, luncheon meats, hot dogs, sausage and ham will be limited.
- Low Cholesterol / Low Fat** - You will be served fresh fruits and vegetables, lean meats, low fat salad dressings and low fat dairy products.
- Consistent Carbohydrate** - Carbohydrate containing foods have the greatest effect on your blood sugar. You will be served the same amount of carbohydrates on each meal. Foods that contain carbohydrates include breads, cereals, potatoes, pasta, rice, beans, milk and milk products, fruit and fruit juices, sodas and sweeteners.
- Renal** - While on this diet, your meals may limit one or more of the following: Potassium - found in eggs, meat, and dairy products (milk, cheese), Sodium - found in cured meats (bacon, ham) and other highly processed foods, Phosphorus - high in white flours and vegetables, Phosphate - found in milk, nuts, chocolate and soda.
- Gastrointestinal Soft** - While on this diet, you will not be served foods that may cause gas such as broccoli, cauliflower, cabbage, onion and garlic. Please notify your dietitian because of any other foods that cause you discomfort.
- Clear Liquids** - You will be served clear liquids including coffee, tea, broth, and gelatin. Milk or cream with your coffee will not be served.
- Full Liquids** - In addition to clear liquids, you may enjoy milk and milk products, including pudding and yogurt.

Thank! Healthy or Celiac diets can include the combination of the Low Cholesterol / Low Fat and Sodium Restricted diet.

* = 15 grams of carbohydrates

Spec Info: