

McLaren Print System Order

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 User: Susan Hillger
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Ship Location: McLaren Flint - Bristol PT/ Attn: Lisa Priestap
 G-4466 W. Bristol Rd, 3rd Floor
 Flint, MI 48507

Brochures
 Quantity: 200
 Paragon Dept No: 38111
 Dept Name: McLaren Flint - Bristol PT
 Company Number: 60

Order Total Price: 80.00

Item Number: M-34624
 Item Description: Pelvic Floor Rehabilitation Brochure
 Revision Date: 2/2015
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Patient Success Stories

Earlyn, who is in her early 70's, was experiencing leakage for two years before she found out about physical therapy as a treatment option. She was able to stop taking the incontinence medication after a couple of weeks of therapy and now drinks caffeine without problems.

"Many women do not like to discuss this problem, but I never felt uncomfortable talking with her, even from the beginning. She gave me exercise techniques to do as she saw I could take them on. She never rushed me."

Tammy suffered for over a decade with vaginitis, a condition that makes routine pelvic exams and intercourse very painful or in severe cases, impossible.

"It was the nurse practitioner at my primary care doctor's office that told me about physical therapy as a treatment option. It was not even two months of going to physical therapy that I was able to have intercourse with my husband without pain for the first time in ten years."

Don't Be a Statistic

- > Urinary incontinence affects about 25 million adults; 75-80% of these are women.
- > Women wait an average of six years to seek treatment for their pelvic floor problems.
- > 2/3 of women 30-70 years old have never discussed bladder health with their doctor.
- > For men, estimates of incontinence after prostatectomy range from 25-70%.
- > The overall lifetime prevalence for chronic pelvic pain is estimated to be 9-16% for men and 24% for women.

The good news is incontinence and pelvic pain do not have to be a normal part of life and can be successfully treated with physical therapy.

Pelvic Health Therapy

Locations

McLAREN THERAPY SERVICES - BRISTOL
 4466 W. Bristol Rd, Flint, MI 48507
 tel: (810) 342-5350 • fax: (810) 342-5362

McLAREN THERAPY SERVICES - DAVISON
 St. John Family Center
 505 N. Dayton, Davison, MI 48843
 tel: (810) 658-5631 • fax: (810) 658-7732

McLAREN THERAPY SERVICES - FULTON
 401 S. Ballenger Hwy, Flint, MI 48532
 tel: (810) 342-2356 • fax: (810) 342-3652

McLAREN THERAPY SERVICES - FLUSHING
 2500 North Elm Road, Suite A
 Flushing, MI 48433
 tel: (810) 342-5550 • fax: (810) 342-5589

McLAREN THERAPY SERVICES - FENTON
 4045 Owen Road
 Fenton, MI 48430
 tel: (810) 750-2222 • fax: (810) 750-2998

Services

- Pelvic Pain (male and female)
- Vaginal and Rectal Pain & Dysfunction
- Pregnancy/Post-Pregnancy Related Pain
- Bowel and Bladder Dysfunction
- Lymphedema • Osteoporosis
- Aquatic Therapy

For appointments or questions:
 (810) 342-5350



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Pelvic Floor Rehabilitation

"I want people to know they are not alone and it's not something that they have to live with."
 Tammy - Grand Blanc

