

McLaren Print System Order

Order No: 9182 Reprint Previous Order No: 5528
Order Date: 2015-02-19
User: Angela DeLaRosa
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Ship Location: McLaren Bay Region Family Medicine/Attn Angela DeLaRosa
3270 Katalin Ct, Suite 201
Bay City, MI 48706

Forms

Quantity: 500
Paragon Dept No: 69000
Dept Name: McLaren Medical Group
Company Number: 810

Order Total Price: 47.40

Item Number: MM-3359
Item Description: Normal Lab Results Card (Adult)
Revision Date: 10/2013
Print: 2 sided black and white
Paper: 65# White Cover
Size: 8.5 x 11
Fold: Bi-Fold (1/2)
Finish:
Drill:
Misc Info:

- **Total cholesterol** should be under 200
- **HDL** (good cholesterol) should be over 40 and over 50 (women) with regular exercise
- **LDL** (bad cholesterol) should be less than 130 for those at average risk. For people with moderate risk it should be less than 160. For people with coronary artery disease, diabetes, stroke, or cardiovascular disease, LDL should be under 70. To lower it, eat less on fat and cholesterol in your diet and exercise regularly
- **Triglycerides** (oil) should not exceed 150. High levels of obesity, carbohydrate (sweets, pasta, cereal, rice) and restriction of alcohol reduce triglycerides
- **Hemoglobin (Hb)** is a measure of red blood cells. If low, you have anemia
- **Normal fasting blood sugar** or glucose (F75-100) (fasting intolerance of them 100-125). A result over 125 may indicate diabetes
- **Hgb A1C (HbA1C)** is a measure reflecting the average blood sugar over the last three months
- **HbA1C** under 7.0 is recommended for diabetic patients
- **TSH** (Thyroid screening test) is elevated in underactive thyroid and low in overactive thyroid
- **PSA** (Prostate specific antigen) is a measure of prostate activity. Normal values are 0-4.0. Higher levels may require further testing
- **BUN** and **Creatinine** are kidney function tests when other are high, the kidneys are not functioning optimally
- **Electrolyte** abnormalities may be caused by water pills, kidney problems, dietary deficiencies or other medical problems
- **Prothrombin Time (PT)** is a test for blood clotting in the blood, and one way to screen for clotting if you're on blood thinners or taking aspirin
- **White Blood Cell Count** is often elevated in patients with infections
- **INR** (Ratio) is a test to see how well your blood is clotting. It is used to monitor patients on blood thinners. For anyone between the ages of 65 and 75, the American Cancer Society recommends a pap smear every one to three years
- **Hemoglobin** (Hb) is a measure of red blood cells. About 12% of women are iron deficient. Iron deficiency is not only a common cause of anemia, but also a common cause of fatigue, weakness, and poor concentration. Iron deficiency is often associated with anemia and poor hemoglobin

Thank you
for choosing
McLaren
HEALTH CARE
and the physicians and staff
who serve you.

Enclosed are the results of
your recent laboratory tests
for your personal file.

Please bring all medications to
your next physician appointment.